



Stretton School

Independent Nursery and Preparatory School for Boys and Girls

Established 1969

25 January 2018

Dear Parents

Teaching children to stay safe

As part of the school's PSHEE lessons, Transition, Prep 1, 2 and 3 will be discussing the NSPCC's Underwear Rule. During these discussions we will aim to teach the children the following important safety skills without giving explicit information or telling scary stories. We will be teaching the NSPCC's Underwear Rule, using the "PANTS" acronym, which is like a green cross code for staying safe from sexual abuse.

PANTS stands for:

- **P**rivates are private
- **A**lways remember your body belongs to you
- **N**o means no
- **T**alk about secrets that upset you
- **S**peak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that is fully age-appropriate. These include:

- "Appropriate" and "inappropriate" touching
- Your child's right to say no to things that make them feel upset or uncomfortable
- Naming parts of the body
- Who your child can turn to if they ever feel upset or worried

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with the school, more information can be found at nspcc.org.uk/underwearrule.

Yours faithfully

Anita E Barclay
Headmistress

