



# Stretton School

Independent Nursery and Preparatory School for Boys and Girls

Established 1969

2 May 2018

Dear Parents

## **Hand, Foot & Mouth Disease**

We have had a confirmed case of Hand, Foot and Mouth Disease in Prep 2. This is a highly contagious virus easily transmitted through coughing and sneezing, and can also spread through faeces. Children are most contagious in the week before the symptoms appear so it is hard to anticipate or prevent. Signs of the virus are small, blister-like sores in the mouth hands and feet, but your child may also have a sore throat, mild fever and generally feel unwell. The blisters can be extremely sore and your doctor may prescribe cream to help.

Please could I ask that parents refrain from bringing children to school if they suspect their child may be suffering from this condition and if you are unsure, please seek medical advice. Children should not be brought back to school until the condition has completely cleared up.

Pregnant mothers may wish to seek further medical advice.

Thank you for your co-operation.

Yours faithfully

**Anita E Barclay**  
Headmistress

